



TEXAS BAPTISTS COUNSELING SERVICES



Texas



The first time Fallon Curry experienced a panic attack, she thought she was having heart problems. Even after being taken to the hospital, she wasn't completely sure what she was dealing with.

Thankfully, Fallon, who is a pastor's wife, remembered receiving some information from Texas Baptists several years earlier. She called Texas Baptists main office and was transferred to Katie Swafford, director of Counseling Services.

"I asked her [Katie] for some information to see if anxiety was what I'd been dealing with, so she sent me books and links to websites and I thought, 'Yeah, this is it.' I emailed her back and told her I needed a counselor, so she found one close to me."

Texas Baptists paid for part of Fallon's expense, and the counselor offered a discount for pastors' wives, so she ended up receiving free counseling for about a year.

She added that the counseling became a huge benefit to her in other ways, too.

"I didn't realize how good it felt to be able to tell somebody everything without any recourse. As a minister's wife, you are very limited on things you can share with people. So I can be able to freely decompress," Fallon said.

When we make a gift to the Cooperative Program, some of those funds help pastors and their families have access to all types of counseling services.

Let's pray for all Texas Baptists pastors and their families, that God would give them strength to lead their ministries and give them the wisdom to seek and find help when they need it.