



Discussion Guide for Session 2

1. What new insights have you gained from this session?
2. How might you alter or adjust your approach to Bible reading based on what we have learned?
3. What questions might you ask one another to determine if they are reading the Bible deeply as we have learned?
4. What pre-conceived ideas about meditation were challenged or adjusted by the lectures?
5. Is there a difference in the application of truth you find through contemplative reading and that which you discover in preparation for a sermon or Bible study?
6. What benefits might you see in your Christian growth and your ministry if you reflect deeply on the truths you find through contemplative reading?
7. The Interpretive Journey is for both kinds of study (sermon preparation and personal), so how might we get deeper with the truths of the Word in our personal reading than we do in a Bible study or sermon preparation time?
8. How might contemplative reading impact our sermon and lesson preparation?

